

Turn	Mile	To Scarsdale	For
L	<b>0.00</b>	East Dr	<b>1.45</b>
R	<b>1.45</b>	E. 102nd St Exit	<b>0.23</b>
L	<b>1.68</b>	Madison Ave.	<b>1.84</b>
X	<b>3.52</b>	Madison Ave Brdg	<b>0.21</b>
L	<b>3.74</b>	Grand Concourse (Center Lane)	<b>4.63</b>
R	<b>8.37</b>	Bedford Park Blvd (E200th)	<b>0.39</b>
L	<b>8.76</b>	Webster Ave	<b>2.57</b>
S	<b>11.33</b>	Bronx River Rd.	<b>2.15</b>
S	<b>13.48</b>	Midland Ave.	<b>0.55</b>
BR	<b>14.03</b>	Midland Ave (Overpass)	<b>0.40</b>
BL	<b>14.43</b>	Midland Ave (after school on L)	<b>1.05</b>
R	<b>15.48</b>	Highland (at Optimo Sign)	<b>0.75</b>
L	<b>16.23</b>	California (@ 'T')	<b>1.26</b>
R	<b>17.49</b>	Lake Shore Dr. (@ Lake Isle sign, to end)	<b>0.44</b>
L	<b>17.93</b>	to stay on Lakeshore Dr	<b>0.33</b>
BR	<b>18.27</b>	at fork to stay on Lakeshore Dr	<b>0.11</b>
L	<b>18.38</b>	New Wilmot Rd (@ 'T')	<b>0.04</b>
QR	<b>18.41</b>	Stratton Rd.	<b>1.37</b>
L	<b>19.78</b>	Heathcote Rd. (passed Weaver)	<b>1.61</b>
S	<b>21.39</b>	Crane Rd (straight across Post Rd)	<b>0.60</b>
L	<b>21.99</b>	East Park Way (@ 'T')	<b>0.21</b>
S	<b>22.20</b>	Scarsdale Ave (pass railroad station)	<b>0.23</b>
	<b>22.43</b>	Scarsdale Diner (@ Popham Rd.)	

Turn	Mile	Return to Manhattan	For
L	<b>22.43</b>	Popham Rd	<b>0.13</b>
L	<b>22.56</b>	Scarsdale Rd (to end)	<b>2.42</b>
R	<b>24.98</b>	Pennsylvania Ave	<b>0.06</b>
L, BR	<b>25.05</b>	Parkview (to end)	<b>1.00</b>
L	<b>26.05</b>	Pondfield Rd W	<b>0.22</b>
R	<b>26.27</b>	at circle onto Parkway Rd	<b>0.18</b>
BR	<b>26.45</b>	Dewitt Ave	<b>0.20</b>
L	<b>26.65</b>	Desmond (to end)	<b>0.18</b>
S	<b>26.83</b>	Midland Ave.	<b>0.55</b>
S	<b>27.38</b>	Bronx River Rd	<b>2.15</b>
S	<b>29.53</b>	Webster Blvd	<b>2.37</b>
R	<b>31.90</b>	Moshulu Pkway North	<b>0.48</b>
L	<b>32.38</b>	Van Cortlandt Ave E	<b>0.21</b>
L	<b>32.59</b>	Grand Concourse	<b>5.01</b>
R	<b>37.60</b>	E 138th St	<b>0.35</b>
L	<b>37.95</b>	5th Ave	<b>0.71</b>
R	<b>38.66</b>	Around Marcus Garvey Park	<b>0.20</b>
S	<b>38.85</b>	Continue on 5th Ave	<b>0.51</b>
R	<b>39.37</b>	W 110th St	<b>0.18</b>
L	<b>39.55</b>	Enter Cenral Park	<b>3.60</b>
	<b>43.15</b>	Around to the Boathouse	

Leader Name	Cell Phone
Tim Andon	N/A
Herb (Hubs) Dershowitz	917-701-8648
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